

## Parish of St Alban, Martyr & St Mark the Evangelist, Southend

22 March 2026  
5 Sunday of Lent

**We pray for the church around the world:** Especially those who are persecuted for their faith. We pray for compassion and kindness, inclusion and love for all. We pray for all who have not yet let Jesus into their lives.

**We pray for our world:** All the casualties of war and conflict; victims of natural or manmade disasters; those who are living in poverty or under oppressive regimes; for all who have no safe place to live in. For the earth and all the damage done to it by humankind. For more empathy and compassion

**We pray for our local community:**

[22: Cashiobury Terr, Park Terr ]  
[23: Runwell Terr, Prittlewell Sq.][24: Devereux Rd, Royal Mews] [25: Musicians, artists, poets and performers of the parish ]  
[26: Clifton Terr, Milton Pl.] [27: Southend Care Bank; Milton Community Partnership and SAVS]  
[28: Barons court School, all who are home-schooled]

**We pray for all on our long-term list.**

**Prayers for all sick in hospitals, hospices, care homes and at home. For those who are caring for them. For all sick or in need:** Margaret, Mark, Terry, Valerie, Tony, Kat, Judith, Rosetta, Jean Wren, Diana, Sarah, Gabby, Ann and Terry, Gary, June and Sally Binks, Rosie, Clare, Corbin, Elizabeth & **For All in Need.**

**Recently departed: Keith Ashton, Jackie Paul**

**In Memoriam: March.**

Hannah Miller 4/3, Brad Duke 9/3, Pearl Peacock 10/3  
Faith Chase 11/3 ( baby) Teddy Spearman 21/3 (baby) David Lobb 25/3

**All who have died with no-one to pray for them.**

**Notices:** Monday : Morning Prayer at 9am,  
Reflective Mass 1pm

Online Rosary for 100 Days of Prayer Mondays at  
6pm

Today: Subcommittee Meeting

29 March: Palm Sunday [service start 1115]

**Scripture: John 11** (the raising of Lazarus). Value: awareness of grace; kindness.

**Reflection Points:**

- As you read/hear this passage, what stands out for you? When you go home note down a key verse or phrase and think about why you have chosen it.
- How can we best support one another at times of loss? What have you learnt from supporting others or through being supported?
- Jesus assures us that he is the resurrection and the life. Do you believe him? If so, why?
- Institutions die. Should we be afraid of the Church of England dying out? What would happen if there were no more parish churches.
- What would it mean to not be afraid of death and long for resurrection in your community? What would that look like and how can you pray for new life

### Contact Details

Associate Priest: Mthr Cherry Sandover

[revcherrysandover@gmail.com](mailto:revcherrysandover@gmail.com)

Children & Families' Worker: Nikki Firth: 07309749495

[stmarksfcy@gmail.com](mailto:stmarksfcy@gmail.com)

LGBTQ+ Chaplain: Rev Sam Mackie: 07719285635

[revsmackie@gmail.com](mailto:revsmackie@gmail.com)

St Mark's Website:

<https://www.stmarkschurchsouthend.org/>

St Alban's Website: [Saint Alban the Martyr, Westcliff-on-Sea - A Church Near You](#)

Watermark Image: **Christ in the Wilderness** [1872] Ivan Kramskoi

Our parish is a member of Inclusive Church. This means that we are committed to work towards being a church which celebrates and affirms every person and does not discriminate on grounds of disability, economic power, ethnicity, gender, gender identity, learning disability, mental health, neurodiversity, or sexuality. Please help us to work towards our aims.

