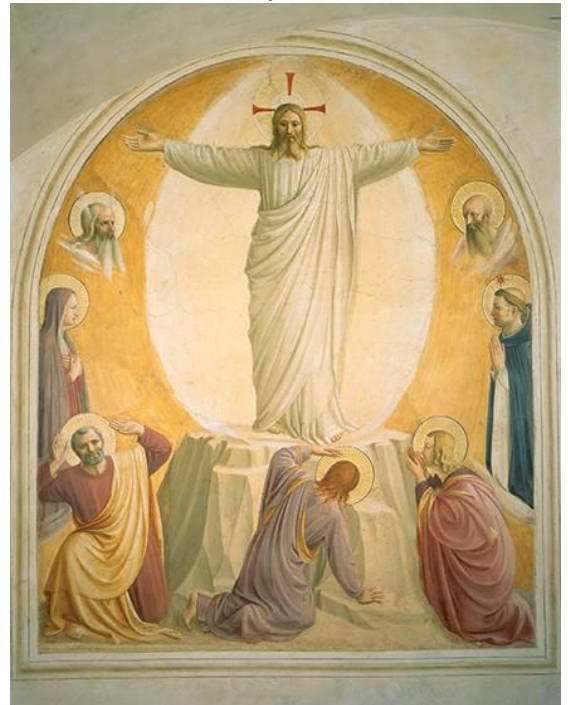


Parish of St Alban, Westcliff &  
**ST MARK, SOUTHEND**

**11 Feb 2024**

Last Sunday before Lent



Fra Angelico, **The Transfiguration** c1440, San Marco

In the 15<sup>th</sup> century, the Dominican friar and artist, Fra Angelico, was tasked with painting the walls of the monastery of San Marco. Painted directly into the plaster as it dried, this work is deeply embedded in the architecture of cell no 6 where the monk who lived and prayed there would have been able to connect with those in attendance on Mount Tabor. This was where the transfigured Christ appeared to three of his disciples showing them his divine person, despite the fact that his face was already turned toward Jerusalem and death. Moses and Elijah are depicted alongside St Dominic on the right and Mary on the left. **Love and blessings, Mother Cherry**

**Contact Details**

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St Mark's Website: <https://www.stmarkschurchsouthend.org/>

St Alban's Website: [Saint Alban the Martyr, Westcliff-on-Sea - A Church Near You](#)

**Dates for the Diary**

January:

2<sup>nd</sup> Sunday of the Month: Rite of Healing @1245pm

3<sup>rd</sup> Sunday of the Month: Souper Social with food and chat @1-2.30pm

4<sup>th</sup> Sunday of the Month: St Mark's Physical Community Noticeboard @ 1-2.30pm This month we hear from Southend Care Bank [tea and cake too!]

Ash Wednesday: 14<sup>th</sup> February – Here we will do Ashes to Go 0730-0815am; and there will be an Ash Wednesday service at St Alban's at 1015am

**We pray for the church around the world:** Especially those who are persecuted for their faith. We pray for compassion and kindness, inclusion and love for all. We pray for all who have not yet let Jesus into their lives.

**We pray for our world:** All the casualties of war and conflict; victims of natural or manmade disasters; those who are living in poverty or under oppressive regimes; for all who have no safe place to live in. For the earth and all the damage done to it by humankind. For more empathy and compassion.

**We pray for our local community:** [11: The Neuro Divergent Safe Space Group][12: Market Pl, Royal Terrace] [13: Clifton Mews, Clifftown Parade] [14: Forum, Southend Central Station] [15: The Cliffs Pub, LGBTQla +community] [16: Scrattton Rd, Clifftown Rd][17: Weston Rd, Clarence St]

**For those who are sick or in need:** Leah Sharibu David, Naomi, Eris, Lynda, Gail, John, Sonya, Richard, John Henning, David Stanley, Sammy, Pam, Jenny, Jean Wren. Nigel, Alla, Hannah, Emma, Huw, Anna, Kim, Matty Simpkins [Priest] Margaret Jones, Terry, Maff, Ken, Valerie and Ian, Leo, Cayton and Logan, John Wren, Noa, Meghan Schubert  
**Prayers for all sick in hospitals, hospices, care homes and at home. For those who are caring for them.**

**Recently departed: Murial Stevens**

All who have died with no-one to pray for them.

**In Memoriam: February**

Eileen Walker 18/2, Sandy Sandover 27/2, Ann Harvey 26/2

**NOTE: Words for final prayer for the departed and for Hail Mary is in Mass Book**