

Parish of St Alban, Martyr & St Mark the Evangelist, Southend

19 April 2026
3rd Sunday Easter

We pray for the church around the world: Especially those who are persecuted for their faith. We pray for compassion and kindness, inclusion and love for all. We pray for all who have not yet let Jesus into their lives.

We pray for our world: All the casualties of war and conflict; victims of natural or manmade disasters; those who are living in poverty or under oppressive regimes; for all who have no safe place to live in. For the earth and all the damage done to it by humankind. For more empathy and compassion. For all who are caught up in war and conflict at this time. For those with the power to use their authority for the good of all people.

We pray for our local community: [19: Market Pl, Royal Terrace] [20: Nelson St, E15 theatre school] [21: Capel Terr, Cambridge Rd,] [22: Cashiobury Terr, Park Terr] [23: Runwell Terr, Prittlewell Sq.] [24: Devereux Rd, Royal Mews] [25: Musicians, artists, poets and performers of the parish]

We pray for all on our long-term list.

Prayers for all sick in hospitals, hospices, care homes and at home. For those who are caring for them. For all sick or in need: Margaret, Mark, Terry, Valerie, Tony, Kat, Judith, Rosetta, Jean Wren, Diana, Sarah, Gabby, Ann and Terry, Gary, June and Sally Binks, Rosie, Clare, Corbin, Elizabeth, John Bulley, John Collier

Recently departed:

In Memoriam: April. Austin Read, Mark Patey, Walter Rouse, Hermon Achong, John Glendennan, Fanny Finchette, Kay Robertson, Steve Wilson, Carol Golding, Ellen Rankin. **All who have died with no-one to pray for them.**

Notices: Monday : Morning Prayer at 9am,
Reflective Mass 1pm

Online Rosary for 100 Days of Prayer Mondays at
6pm

APCM 9th May 2pm at St Alban's

Wander & Wonder Ascension Day Walk and
Worship 14 May 1000

Our parish is a member of Inclusive Church. This means that we are committed to work towards being a church which celebrates and affirms every person and does not discriminate on grounds of disability, economic power, ethnicity, gender, gender identity, learning disability, mental health, neurodiversity, or sexuality. Please help us to work towards our aims.



Caravaggio [1601] Supper at Emmaus

How does an artist, from the 17th century, armed only with oil paints and a 2D canvas, manage to convey the shock and joy of the moment when two weary and confused disciples encounter the Risen Christ? And, in addition, this was not just a matter of a depiction illustrating a story, but a teaching tool, a sermon which unpicks and explains the event, whilst inviting the viewer to share the experience for themselves.

Caravaggio was not just a talented artist, he was also a theologian whose depiction of a beardless Christ in this moment helps us to understand why the men had not recognised him on the road. The artist then invites his viewers into the moment that Jesus reveals himself by conveying the emotions of Christ's disciples through their gestures and expressions. The tension is made palpable by the teetering basket on the edge of the table making the viewer feel the need to rush over to catch it before it falls. Thus, as we contemplate the painting, we are drawn into a closer relationship with Christ and the disciples at the table. As we are drawn into Church every Sunday when we come as a community of faith into the presence of Jesus through the sacrament of the Eucharist.

Contact Details

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St Mark's Website:

<https://www.stmarkschurchsouthend.org/>

St Alban's Website: [Saint Alban the Martyr, Westcliff-on-Sea - A Church Near You](#)